

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: WST

Coachinfo: Warming up from: 07:30 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Wuyts Carolien HEADCOACH

Coaches: Van Olmen Jill

Coaches: Mertens Wenke

Coaches: Van de Weyer Rune

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 100M BUTTERFLY WOMEN 11+					Heat:4, starttime: 09:13
Heat: 4/6 Lane : 1 Athlete: VERHEYEN LEONIE					Q-time: 01:23:19
PB (25m pool): 01:16.44 Turnhout 03/03/2024					PB (50m pool): 01:23.19SB: no time
PB	2 5 M	5 0 M	7 5 M	1 0 0 M	
		no time		01:16.44	
	no time				
					

Coach feedback:

Event number: 2: 100M BUTTERFLY WOMEN 11+					Heat:5, starttime: 09:15
Heat: 5/6 Lane : 3 Athlete: LEMMENS FEBE					Q-time: 01:13:95
PB (25m pool): 01:13.95 Hasselt 04/05/2025					PB (50m pool): 01:14.09SB: 01:16.48 Antwerpen 12/10/2025
PB	2 5 M	5 0 M	7 5 M	1 0 0 M	
		00:34.03		01:13.95	
	00:34.03 00:39.92				
					

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+					Heat:1, starttime: 09:19
Heat: 1/6 Lane : 2 Athlete: MEULEMANS LARS					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
PB	2 5 M	5 0 M	7 5 M	1 0 0 M	
		no time		no time	
	no time				
					

Coach feedback:

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Event number: 3: 100M BUTTERFLY MEN 11+					Heat:3, starttime: 09:23
Heat: 3/6 Lane : 3 Athlete: BREBELS NIELS					Q-time: 01:14:92
PB (25m pool): 01:11.62 Mol 28/12/2025					PB (50m pool): 01:15.48 SB: 01:11.62 Mol 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.71		01:11.62	
	00:33.71		00:37.91		
					

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+					Heat:5, starttime: 09:27
Heat: 5/6 Lane : 2 Athlete: JANSSENS TALLE					Q-time: 01:06:69
PB (25m pool): 01:06.69 Stedelijk Zwembad Geel 16/02/2025					PB (50m pool): 01:08.77 SB: 01:06.89 Mol 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.28		01:06.69	
	00:31.28		00:35.41		
					

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+					Heat:5, starttime: 09:27
Heat: 5/6 Lane : 6 Athlete: SLUYTS TIBE					Q-time: 01:10:52
PB (25m pool): 01:07.48 Mol 28/12/2025					PB (50m pool): 01:12.76 SB: 01:07.48 Mol 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.20		01:07.48	
	00:30.20		00:37.28		
					

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+					Heat:6, starttime: 09:29
Heat: 6/6 Lane : 2 Athlete: GYULNAZARYAN MAX					Q-time: 01:04:06
PB (25m pool): 01:04.06 Temse 17/11/2025					PB (50m pool): 01:05.27 SB: 01:04.06 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.24		01:04.06	
	00:30.24		00:33.82		
					

Coach feedback:

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Event number: 5: 200M BREASTSTROKE MEN 11+							Heat:1, starttime: 09:54	
Heat: 1/3 Lane : 2 Athlete: SLUYTS JENNE							Q-time: 99:99:99	
PB (25m pool): 02:56.08 3500 Hasselt 24/11/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.64		01:24.17		02:10.57		02:56.08
	00:38.64		00:45.53		00:46.40		00:45.51	
								

Coach feedback:

Event number: 5: 200M BREASTSTROKE MEN 11+							Heat:3, starttime: 10:01	
Heat: 3/3 Lane : 4 Athlete: LAUREYS MILAN							Q-time: 02:52:33	
PB (25m pool): 02:52.33 Antwerpen 12/10/2025				PB (50m pool): 02:56.61 SB: 02:52.33 Antwerpen 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.99		01:23.29		02:07.75		02:52.33
	00:38.99		00:44.30		00:44.46		00:44.58	
								

Coach feedback:

Event number: 7: 100M BACKSTROKE WOMEN 11+							Heat:6, starttime: 10:34	
Heat: 6/8 Lane : 6 Athlete: VAN WAELDEREN HANNE							Q-time: 01:21:25	
PB (25m pool): 01:20.03 Turnhout 03/03/2024				PB (50m pool): 01:22.56 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		01:20.03				
	no time							
								

Coach feedback:

Event number: 7: 100M BACKSTROKE WOMEN 11+							Heat:8, starttime: 10:38	
Heat: 8/8 Lane : 5 Athlete: VAN AERSCHOT NEL							Q-time: 01:11:90	
PB (25m pool): 01:11.63 Mol 28/12/2025				PB (50m pool): 01:15.47 SB: 01:11.63 Mol 28/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:34.46		01:11.63				
	00:34.46		00:37.17					
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: WST

Event number: 7: 100M BACKSTROKE WOMEN 11+					Heat:8, starttime: 10:38
Heat: 8/8 Lane : 6 Athlete: LAUREYS XANTE					Q-time: 01:14:44
PB (25m pool): 01:14.44 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 01:13.93 SB: 01:14.67 Antwerpen 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.24		01:14.44	
	00:36.24		00:38.20		
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MEN 11+					Heat:1, starttime: 10:40
Heat: 1/5 Lane : 2 Athlete: VAN WAELDEREN KAREL					Q-time: 99:99:99
PB (25m pool): 01:40.99 Mol 28/12/2025 PB (50m pool): no time SB: 01:40.99 Mol 28/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.03		01:40.99	
	00:50.03		00:50.96		
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MEN 11+					Heat:1, starttime: 10:40
Heat: 1/5 Lane : 5 Athlete: JANSSENS TALLE					Q-time: 99:99:99
PB (25m pool): 01:13.70 Purmerend 20/05/2024 PB (50m pool): 01:16.35 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:13.70	
	no time				
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MEN 11+					Heat:1, starttime: 10:40
Heat: 1/5 Lane : 6 Athlete: DOUWEN MON					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 8: 100M BACKSTROKE MEN 11+					Heat:2, starttime: 10:43
Heat: 2/5 Lane : 5 Athlete: DE FLEURQUIN LOWIE					Q-time: 01:41:75
PB (25m pool): 01:41.75 Aarschot 16/03/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:49.67		01:41.75	
	00:49.67		00:52.08		
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MEN 11+					Heat:3, starttime: 10:45
Heat: 3/5 Lane : 3 Athlete: MEULEMANS LARS					Q-time: 01:22:34
PB (25m pool): 01:18.95 Mol 28/12/2025					PB (50m pool): 01:24.60 SB: 01:18.95 Mol 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.68		01:18.95	
	00:38.68		00:40.27		
					

Coach feedback:

Event number: 8: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 10:49
Heat: 5/5 Lane : 2 Athlete: SLUYTS TIBE					Q-time: 01:06:14
PB (25m pool): 01:05.77 Mol 28/12/2025					PB (50m pool): 01:09.33 SB: 01:05.77 Mol 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.11		01:05.77	
	00:32.11		00:33.66		
					

Coach feedback:

Event number: 9: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 10:57
Heat: 4/5 Lane : 6 Athlete: FIQI ALEXIA					Q-time: 01:22:52
PB (25m pool): 01:22.52 Heist Op Den Berg 11/01/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:22.52	
	no time				
					

Coach feedback:

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Event number: 9: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 10:59
Heat: 5/5 Lane : 6 Athlete: LEMMENS FEBE					Q-time: 01:14:16
PB (25m pool): 01:14.16 Arendonk 30/11/2025					PB (50m pool): no time SB: 01:14.16 Arendonk 30/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:14.16	
	no time				
					

Coach feedback:

Event number: 10: 100M MEDLEY MEN 11+					Heat:2, starttime: 11:04
Heat: 2/4 Lane : 4 Athlete: BREBELS NIELS					Q-time: 01:21:46
PB (25m pool): 01:15.40 Mol 28/12/2025					PB (50m pool): no time SB: 01:15.40 Mol 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.04		01:15.40	
	00:35.04 00:40.36				
					

Coach feedback:

Event number: 10: 100M MEDLEY MEN 11+					Heat:2, starttime: 11:04
Heat: 2/4 Lane : 5 Athlete: DOUWEN MON					Q-time: 01:36:08
PB (25m pool): 01:36.08 Arendonk 30/11/2025					PB (50m pool): no time SB: 01:36.08 Arendonk 30/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:36.08	
	no time				
					

Coach feedback:

Event number: 10: 100M MEDLEY MEN 11+					Heat:3, starttime: 11:06
Heat: 3/4 Lane : 5 Athlete: LAUREYS MILAN					Q-time: 01:15:19
PB (25m pool): 01:15.19 Stedelijk Zwembad Geel 16/02/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.89		01:15.19	
	00:36.89 00:38.30				
					

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: WST

Event number: 10: 100M MEDLEY MEN 11+					Heat:4, starttime: 11:08
Heat: 4/4 Lane : 1 Athlete: SLUYTS JENNE					Q-time: 01:09:01
PB (25m pool): 01:09.01 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.78		01:09.01	
	00:31.78		00:37.23		
					

Coach feedback:

Event number: 10: 100M MEDLEY MEN 11+					Heat:4, starttime: 11:08
Heat: 4/4 Lane : 5 Athlete: JANSSENS TALLE					Q-time: 01:08:76
PB (25m pool): 01:08.76 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.80		01:08.76	
	00:32.80		00:35.96		
					

Coach feedback:

Event number: 10: 100M MEDLEY MEN 11+					Heat:4, starttime: 11:08
Heat: 4/4 Lane : 6 Athlete: GYULNAZARYAN MAX					Q-time: 01:09:58
PB (25m pool): 01:09.58 Heist Op Den Berg 11/01/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:09.58	
	no time				
					

Coach feedback:

Event number: 12: 400M FREESTYLE WOMEN 11+							Heat:3, starttime: 11:29
Heat: 3/6 Lane : 5 Athlete: LAUREYS XANTE							Q-time: 05:16:93
PB (25m pool): 05:16.93 Herentals 04/10/2025 PB (50m pool): 05:26.68 SB: 05:16.93 Herentals 04/10/2025							
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M 2 0 0 M
PB		00:35.57		01:15.67		01:57.08	02:37.66
	00:35.57		00:40.10		00:41.41		00:40.58
							
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5 4 0 0 M
PB		03:18.48		03:59.20		04:40.45	05:16.93
	00:40.82		00:40.72		00:41.25		00:36.48
							

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: WST

Event number: 12: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 11:35	
Heat: 4/6 Lane : 4 Athlete: VAN WAELDEREN HANNE							Q-time: 05:09:85	
PB (25m pool): 05:06.35 Arendonk 01/12/2024				PB (50m pool): 05:18.12 SB: 05:09.85 Antwerpen 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:15.69		no time		02:33.41
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:06.35
								

Coach feedback:

Event number: 12: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 11:35	
Heat: 4/6 Lane : 6 Athlete: VAN AERSCHOT NEL							Q-time: 05:13:27	
PB (25m pool): 05:13.27 Herentals 04/10/2025				PB (50m pool): 05:25.18SB: 05:13.27 Herentals 04/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:33.45		01:11.22		01:50.84		02:31.00
	00:33.45		00:37.77		00:39.62		00:40.16	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:11.53		03:52.59		04:33.64		05:13.27
	00:40.53		00:41.06		00:41.05		00:39.63	
								

Coach feedback:

Event number: 13: 400M FREESTYLE MEN 11+							Heat:1, starttime: 11:52	
Heat: 1/4 Lane : 1 Athlete: DE FLEURQUIN LOWIE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Nieuwjaarswedstrijd : Session: 1: COACH evaluation sheet for TEAM: WST

Event number: 13: 400M FREESTYLE MEN 11+							Heat:1, starttime: 11:52										
Heat: 1/4 Lane : 2 Athlete: VAN WAELDEREN KAREL							Q-time: 06:21:22										
PB (25m pool): 06:21.22 Arendonk 30/11/2025									PB (50m pool): no time SB: 06:21.22 Arendonk 30/11/2025								
	2 5 M		5 0 M		7 5 M		1 0 0 M		1 2 5 M		1 5 0 M		1 7 5 M		2 0 0 M		
PB			no time				01:29.50				no time				03:08.81		
	no time																
																	
	2 2 5 M		2 5 0 M		2 7 5 M		3 0 0		3 2 5		3 5 0		3 7 5		4 0 0 M		
PB			no time				no time				no time				06:21.22		
																	

Coach feedback: